

ZERO WASTE

Theme: Spring Cleaning



April 2021



DORVAL

ZERO WASTE BACKGROUND

The City of Dorval is pleased to announce that it will sponsor a city-wide Zero Waste challenge for the rest of 2021! Since the start of the pandemic, many people have shifted their focus inward to their homes and immediate communities. That makes this the perfect time to examine our own habits and lifestyles, and reset our intentions.

To be clear, the term “zero waste” is only a shorthand term for a global waste reduction strategy. It is not expected that the City and its citizens will actually be able to reduce waste generation down to zero. We can, however, rethink what items we bring into our homes.

To help citizens reflect on what actions they can take, every few months, the City will be offering different activities and events under various environmental themes, as well as different levels of actions we can take individually. You are invited to participate in these themed challenges and activities, so that we can reduce our waste production as a community and achieve our Zero Waste targets!



WHAT THIS THEME IS ABOUT

Many of us take advantage of the spring season to clean out “clutter” and refresh our homes. In doing so, we inevitably find items that we may no longer need. Finding a new home for these items or repurposing/repairing them can bring a new life to objects that may otherwise end up as garbage.

There is also growing participation in the “Buy Nothing” culture – part of which is the idea that we can all minimize the amount of new “stuff” we purchase. Every new item we buy has an environmental cost, for both its manufacturing and transportation. Even recyclable materials like plastic, paper, and metal still undergo processing that has an environmental impact.

As part of this theme, we encourage all Dorval residents to think about how they can reuse or “rehome” items during the spring cleaning period!



ACTIVITIES

To help you with this theme, the City is pleased to be offering some educational sessions, as well as various exciting activities!

CONFERENCE "*VOUS AVEZ-DIT ZÉRO DÉCHET?*"

Saturday, April 10, from 2 p.m. to 3 p.m.

Presented via Zoom

Initiate yourself to the concept of a zero-waste lifestyle and how to apply the first steps at home. **Details here.**

VIRTUAL SCREENING OF "THE TRUE COST"

Saturday, April 24 (viewing available throughout the day)

Join us for a viewing of this film that reveals the environmental cost of clothing and the fashion industry. **Details here.**

COMMUNITY TREASURE HUNT

Saturday, May 1

This annual event returns, allowing residents to place items they no longer need by the curb, so that others can pass by to pickup "treasures"! (In the current context of COVID-19, it is important to continue to respect sanitary measures) For details and to register, **click here.**

BULK WASTE PICKUP

Ongoing

Of course, you may also find yourself with items that are past the point of repair or donation. Before throwing it out with the garbage collection on Thursday, consult the **City's website** to see if these items can be part of our special waste collection pickups, which can allow various items to be recycled in the most environmentally-friendly manner possible. This includes large appliances, furniture, and electronics.

The City of Dorval is also working towards organizing other eco-friendly activities in the future, such as a community garage sale and a "repair workshop" event*, when conditions allow. Keep your eyes open for more details!

* The workshop would give an opportunity for residents to bring a variety of household items to be fixed (including certain clothing articles and electronics). If you have knowledge or tools that can help with this event, please let us know at **dorvalenviro@ville.dorval.qc.ca.**

HOUSEHOLD CHALLENGES

For each theme, we will issue a challenge to adopt in order to reduce your waste, as part of the Zero Waste challenge. Each challenge will focus on a habit you can adopt, and will be offered in three levels: moderate, advanced, and expert!

Moderate impact: Review your wardrobe! Most of us end up with clothes that we can't remember wearing recently. Donate or sell these, but also reflect on whether you need to replace items that you seldom wear or if you can make-do with the clothes you already have. Now is especially a good time to donate fancier clothes as we approach prom season. A nice dress, shoes, and accessories that you aren't using can surely be put to good use by a hopeful grad!

Advanced impact: Before throwing out something that no longer works, look into how it can be repaired. Just among your immediate neighbours there may be an expert, and there are certain community groups that may also be able to help. There are also many do-it-yourself videos on the Internet, along with countless resources at the Dorval Library.

Expert impact: Before making any new purchase, reflect on alternatives, as well as the replacement cost. If you cannot find lightly-used second-hand items, choose items that can easily be repaired. For clothing, try to purchase ones that have extra buttons and an adequate seam allowance. For electronic devices, certain brands can more easily be serviced or upgraded. This can often be cheaper than a complete replacement, and even if it isn't, you are still decreasing your carbon footprint!



RESOURCES

If you are looking for more information about how you can use spring cleaning to provide new life for your items, there are a number of other resources you can consult, listed below. You can also reach out to the Dorval Environment Committee by email, at **dorvalenviro@ville.dorval.qc.ca**, if you have questions or suggestions. We would also love to hear about the inspiring actions you have taken!

- Dorval offers a variety of waste collection containers throughout the city, such as for batteries, electronic devices, and even hygiene products that cannot normally be recycled (e.g. toothbrush, shaving cream can, etc.). Check out the **table below** to see exactly where and how to dispose of particular items.
- Second-hand stores, including Dorval's Renaissance (located at 707 chemin du Bord-du-Lac–Lakeshore), for donating used items still in good condition. A table of different organisations, including specialty groups, like SOS Vélo for used bicycles, can be **found here**.
- Search for "Buy Nothing" groups on social media (for donating/seeking used items with no cost)
- Kijiji, Varagesale, Facebook Marketplace, and others (for buying/selling used items)
- Community groups that have skills to share for repairs (e.g. The *Bricoleurs de Dorval* can help fix your broken wooden furniture)



ZERO WASTE CLEANING

While cleaning this spring, there are some actions you can take to reduce your waste regarding your cleaning product consumption. Canadians discard over 3.3 billion tonnes of plastic every year, 47% of which is packaging, and less than 10% of this is recycled¹. Your plastic consumption can be reduced by various actions:

- Choose larger containers or purchase products that are in refillable boxes.
- Consider alternative cleaning solutions – baking soda and vinegar can accomplish a lot and can be purchased in bulk.
- Try purchasing products that minimize waste, such as laundry strips or concentrated cleaning tabs.
- Ask if your local stores can install refill stations for cleaning agents like laundry detergent or dish soap.



¹ Environment and Climate Change Canada, Economic Study of the Canadian Plastics Industry, Markets and Waste, http://publications.gc.ca/collections/collection_2019/eccc/En4-366-1-2019-eng.pdf

APPENDIX 1

How to dispose of items that are no longer in useable condition

When items have reached the end of their useable life, please be sure to dispose of them correctly.

ITEMS	COLLECTION POINTS	WHAT HAPPENS NEXT?
Large appliances	Make an online request or call Dorval Public Works to arrange pickup. Details at https://www.ville.dorval.qc.ca/en/services/various-waste-pickups/large-objects-pickup	Scrap metal is re-melted and used to make recycled steel.
Batteries	Drop-off points: Dorval Library, City Hall, Dorval Arena, Westwood Sports Centre, Dorval Aquatic and Sports Complex, Public Works, Sarto-Desnoyers Community Centre	Batteries are sorted according to type and sent for recycling at different facilities. They are then crushed into small pieces and melted down to recover the various metal fractions.
Electronics (Computers, screens, printers, scans, televisions, radios, DVD players, cameras, video game consoles, etc.)	Two information and communications technologies (ICT) waste collections are held per year, alongside the collection of hazardous household waste, in the parking lot adjacent to Ballantyne Park. The City of Dorval also provides an on-call ICT waste pickup. Residents can get rid of the following items listed above by contacting Public Works or by submitting an online request. Electrobac collection points ► See https://www.electrobac.com/about-the-electrobac for collection points.	Electronics are dismantled into glass, plastic, and metal streams for further recycling.

Hazardous household waste	Two HHW collections are held per year in the parking lot adjacent to Ballantyne Park.	Paint may be blended and reused in recycled content paint. Motor oil may be processed and refined to produce new motor oil. Gasoline and diesel may be treated to produce waste fuel.
Polystyrene (plastic #6)	The City of Dorval is offering its residents the possibility of depositing their polystyrene items (plastic #6) at the Public Works' yard. Details at https://www.ville.dorval.qc.ca/en/services/various-waste-pickups/drop-off-of-polystyrene-items-plastic-6	Reused in construction panels, insulation, and urban furniture (e.g. benches, flower pots, picnic tables, etc.).
Textiles	Ekotex, Recupex, Certex	Old textiles may be sold as industrial rags or given new life as material for padding or insulation.
Tires	Mechanics, car dealerships	Remade as agricultural mats, speed bumps, playground surfaces.

Please do not drop off unusable items at charitable organizations. They are obliged to then spend money on disposal costs, funds which would be better used helping their clients.

APPENDIX 2

Where to donate?

ORGANIZATION	CONTACT	ITEMS ACCEPTED
Chez Doris	514 937-2341, extension 238	Women's clothing (casual) Office stationary, towels, and bed linens
Dress for Success	montreal.dressforsuccess.org	Women's professional clothing and accessories
Dorval Community Aid	514 633-4100	Kitchenware, small appliances, winter outerwear
Dorval Soccer Association	514 892-1413	Soccer equipment
Habitat for Humanity	habitatqc.ca	Building materials, hardware, tools, large appliances (less than 7 years old), furniture, lighting, home decor
Insertech	insertech.ca	Electronics
Meubles Grand Berger	meublesgrandberger.com	Furniture
Micro Recyc	microrecyccoop.org	Computers
The Native Women's Shelter of Montreal	nwsm.info	Casual and outdoor clothing (women and children)
Thrift Shops for NOVA	thriftshopsfornova.com	Clothing, footwear, small furniture, artwork, jewelry, watches, antiques and collectibles, decor, kitchen ware, linens, small appliances

Old Brewery Mission	missionoldbrewery.ca	Clothing (men's and women's), bed linens, towels, blankets, sleeping bags, locks
On Our Own – O3	o3onourown.com	Baby supplies, toys
Renaissance	renaissancequebec.ca	Clothing and accessories, baby supplies, toys, kitchenware, home decor, gardening tools, small appliances, sporting goods, music, books
SOS Velo	sosvelo.ca	Bicycles
Welcome Collective	welcomcollective.org	Appliances, furniture, bedding and towels, kitchen supplies, baby supplies, outerwear
Women's Centre of Montreal	centredesfemmesdemtl.org	Baby supplies, women's professional clothing

Notes:

- Make sure that all donated items are in good condition – would you give this item to a friend?
- Before donating baby supplies, verify to be sure that the items meet current safety standards.
- Contact the organization before making a donation to ensure that your items are needed and are being accepted during the pandemic.

Several other places/businesses collect various items.

Visit www.211qc.ca ► **Used articles donations in Greater Montreal** for more resources.



An initiative of the Dorval Environment Committee